

### KS3 – Year 7 Design and Technology, Textiles and Food and Nutrition

Content (Intent)	Links to prior learning	Skills and Assessment (Implementation)	Expected Learning Outcomes (Impact)
<b>Food and Nutrition</b> <ul style="list-style-type: none"> <li>• An essential life skill that enables students to feed themselves and others.</li> <li>• Cook a repertoire of predominantly savoury dishes</li> <li>• To become competent in selecting the appropriate cooking methods and equipment.</li> <li>• How to operate safely in a kitchen, washing up and keeping a kitchen clean and tidy and why this is important.</li> <li>• Develop a range of skills to cook a repertoire of dishes</li> <li>• The Eatwell guide and how this should be considered when choosing what we eat.</li> <li>• Seasonality – and why we would need to consider this when selecting ingredients.</li> </ul>	<p>Consolidate learning from Primary School.</p> <p>Building on skills acquired through Breadmaking during the Autumn Term in Year 4 (courthouse Junior School)</p> <p>Building on skills acquired through salad making (use of knives and grating) in Autumn Term Year 5 (Courthouse Junior School)</p> <p>Building on skills acquired in the Autumn Term in Year 6 soup making (Furze Platt Junior School)</p>	<p>Skills will be acquired during both practical and theory lessons.</p> <p>Skills:</p> <ul style="list-style-type: none"> <li>• Use of hob</li> <li>• Knife skills</li> <li>• Use of grill</li> <li>• Use of oven</li> <li>• Rubbing in</li> <li>• Use of equipment</li> <li>• General practical skills</li> </ul> <p>A baseline test at the start of the course. Ongoing formative assessment throughout. Practical summative assessment at the end of the course – students to follow a recipe with limited assistance.</p>	<p>Ability to cook a range of dishes:</p> <ul style="list-style-type: none"> <li>• Hot chocolate</li> <li>• Fruit salad</li> <li>• Baguette Pizza</li> <li>• Vegetable stir fry</li> <li>• Apple crumble</li> <li>• Make healthy food choices</li> <li>• Understand seasonality and why this is important.</li> <li>• Understand the principles of the Eatwell guide and how this applies to the food that they choose.</li> </ul>
<b>Textiles</b> <ul style="list-style-type: none"> <li>• Produce creative work through designing and practically through making</li> <li>• The composition of fabrics</li> <li>• Sustainable fabrics</li> </ul>	<p>Consolidate learning from Primary school</p> <p>Building on skills acquired through making cotton bags during Spring</p>	<p>Skills will be acquired through practical lessons.</p> <p>Skills:</p>	<p>At the end of the course students will produce a bird purse which will incorporate the skills that they have acquired and practised throughout the duration of the course</p>

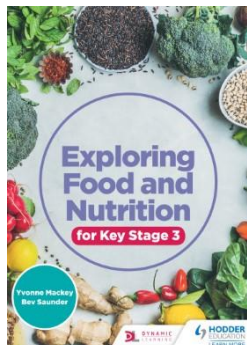
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Content (Intent)	Links to prior learning	Skills and Assessment (Implementation)	Expected Learning Outcomes (Impact)
<ul style="list-style-type: none"> <li>• Apply practical skills to be able to make a bird purse.</li> <li>• Develop essential skills so that items of clothing can be mended opposed to buy new (sustainability)</li> <li>• Understand health and safety in the Textiles room</li> </ul>	<p>Term in Year 5 (Courthouse Junior School)</p> <p>Building on skills acquired in the Spring Term in Year 5 in the making of a Sock Monster (Furze Platt Junior School)</p>	<ul style="list-style-type: none"> <li>• Needle work</li> <li>• Back stitch</li> <li>• Tacking and seam allowance</li> <li>• How to sew on a button</li> <li>• Tie dyeing</li> </ul> <p>A baseline test at the start of the course. Ongoing formative assessment throughout. Practical summative assessment at the end of the course.</p>	
<p><b>Resistant Materials</b></p> <ul style="list-style-type: none"> <li>• Produce creative work through designing and practically through making</li> <li>• The composition of wood</li> <li>• Apply practical skills to be able to produce a windchime</li> <li>• Develop the skills and knowledge to use the scroll saw and the pillar drill.</li> <li>• Understand health and safety in the workshop</li> <li>• The ability to identify hazards in the workshop</li> </ul>	<p>Consolidate learning from Primary school</p> <p>Building on skills of working with wood in the Spring and Summer Term of Year 6 – Woodwork Sculpture</p> <p>Building on skills acquired in the Spring Term during Year 6 in the making of a CAMs toy (Furze Platt Junior School)</p>	<p>Skills will be acquired through practical lessons</p> <p>Skills</p> <ul style="list-style-type: none"> <li>• Filing to create smooth edges</li> <li>• Use of hand tools to cut and shape wood</li> <li>• Use of machinery to cut and shape wood</li> <li>• Measuring accurately</li> </ul> <p>A baseline test at the start of the course. Ongoing formative assessment throughout. Practical summative assessment at the end of the course.</p>	<p>At the end of the course students will produce a windchime which will incorporate the skills that they have acquired and practised throughout the duration of the course</p>

## KS3 – Year 7 Design and Technology, Textiles and Food and Nutrition

### Resources and/or activities to support learning

#### Food and Nutrition



Encourage your child to watch programmes such as:

- MasterChef
- Great British Bake off
- Food Unwrapped
- Great British Menu

**Follow celebrity chefs such:**

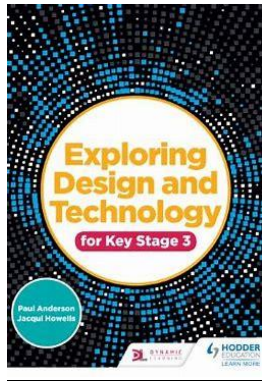
- Jamie Oliver
- Nadiya Hussain
- Lorraine Pascale
- Monica Galetti

Food a Fact of life website is a great resource offering worksheets, PowerPoints and recipes covering topics taught in the classroom.

[Free education resources for teaching young people aged 3-16 years about where food comes from, cooking and healthy eating, and teacher training. - Food A Fact Of Life](#)

#### Design and Technology / Textiles

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Encourage your child to watch programmes such as:

- The Great British Sewing Bee
- All that Glitters
- The Repair Shop
- Find it, Fix it, Flog it.

#### **Places to visit**

[The Design Museum](#)

[The V&A Museum](#)