

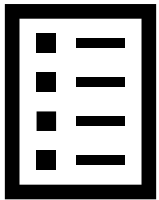
Year 12 Information Evening

*“Education has the power to
change lives. We set no limits
on what can be achieved – no
matter the starting point”*



NEWLANDS SIXTH FORM
COURAGE COMMITMENT COMPASSION

- The Sixth Form Team
- Admin and procedures
- Opportunities within the Sixth Form
- How to support your daughter in Sixth Form
- Destinations
- Key dates



Agenda

Mr Andrew Morbey – Deputy Headteacher

Ms Eve Le Cuirot – Head of Year 12

Ms Jo Bennett – Head of Year 13

Ms Jodie Archer – Sixth Form Learning Mentor



The Sixth Form Team

8.40am - Start of the day and registration

All students are expected to be in school everyday by 8.40am in their Form Room.


Registration is an important part of their pastoral programme which is **not optional**.

Students must stay on site all day

Between **8.40am-3.10pm**, unless they do not have lessons in the afternoon or have permission to leave the site for a medical appointment (agreed in advance), which will require signing out at Main Reception.



Timings of the day



All students should aim for 100% attendance – this includes morning registration, lessons, PSHE and Enrichment.

If a student feels unwell they should go to Main Reception or a member of the Sixth Form Team who will contact home.

Please report any absences on Arbor.



Attendance

The Sixth Form uniform is a **tailored black blazer with a black skirt or trousers**.

They should be wearing their **Sixth Form logo badge** and **house badge** on their blazer and their **lanyard** at all times for safeguarding reasons.

Students can wear a top of their choice and appropriate footwear.

The following do not comply with the Sixth Form dress code:

- Tops with large logos or writing on them
- Revealing or low-cut tops
- Hoodies or sweatshirts (even with school logo)
- Trainers / canvas shoes or flip flops
- Facial piercings other than multiple small singular ear studs, as well as a small nose ring or stud
- Sports socks with a logo on them



Uniform

The 16-19 Bursary is a limited fund made available for supporting eligible young people with the costs of **transport, food, books, educational visits or other course materials** or equipment essential to successfully completing their programme of study.

Further information and the application form can be found on the Sixth Form area our website.



Bursary



unifrog
The universal careers platform



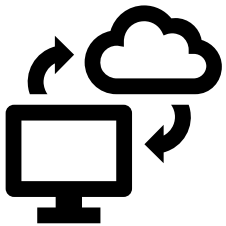
Arbor



Microsoft Teams



kooth



Apps and websites



The Head Girls

When?

- Every Wednesday period 5

Why?

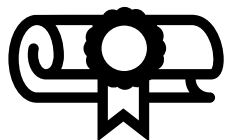
- To enrich your daughter's experience of Sixth Form and allow them to develop skills beyond the classroom.

How?

- At the start of each long term they will choose an activity.

What?

- Cooking on a budget, Clara Court Care Home, Arts and crafts, PE, Business Tycoon Enterprise competition, Community action or Extended Project Qualification (EPQ)



Enrichment

Academic Support

- Encourage a clear revision timetable.
- Provide a quiet, distraction-free study space.
- Make sure she has access to past papers & resources.
- Remind her of active learning methods (flashcards, practice essays, teaching back).

Emotional Support

- Show encouragement without adding pressure.
- Listen when she needs to vent—don't always jump to solutions.
- Reassure her that setbacks are normal.
- Praise effort and persistence, not just results.

Balance & Wellbeing

- Encourage short breaks during study (50/10 rule).
- Promote good sleep (7–9 hours).
- Keep healthy snacks and meals available.
- Support exercise or relaxation activities.

A-Level Support Checklist for Parents



Practical Support

- Be aware of exam timetables and deadlines.
- Adjust family routines if possible to reduce distractions before exams.
- Support with balancing part-time jobs and extra-curricular commitments where possible.

Encouraging Independence

- Let her manage her timetable with gentle guidance.
- Talk about future goals beyond exams.
- Celebrate small wins and progress milestones.

A-Level Support Checklist for Parents



SOPHIE

(BTEC Applied Science, Psychology and English Language)

- After lessons, I review my **notes** and add any extra information.
- I then make flashcards using **Quizlet**. Can use it on phone so good for travelling or revising when out and about. There are some pre-made ones but make sure they are your exam board
- **Whiteboards** are great too to keep **condensing information** and for retrieval practice.
- Quizlet is great for English Language and learning quotes, nouns and question structures
- Stay on top of Applied Science coursework by **designating hours** when you're going to do it. I find it easier to do large pieces of coursework when you're at home.

Sophie's routine

Time	Task
Morning before school	Wake up and get to school
School	Lessons and make flash cards in free periods
3.30pm - 7pm	Snack and flick through flash cards
7pm	Dinner
7.30pm-9pm	Revise/coursework (for longer if exams coming up)
Before bed	Shower and relax



HUSAINA

(Biology, Chemistry, Physics and Maths)

- I don't make notes, instead I make **flashcards** using **Anki**.
- Writing notes can be a waste of time (why copy what's already written in the textbook)
- While doing **practice questions**, I make the questions I get wrong into flashcards
- If I want to learn a new topic I would read the **specification** first then read textbook on that chapter and then finally watch **YouTube** videos on any bit that didn't make sense, then I would write down any questions I still had after (then **ask teachers at school or friends**).
- Be **proactive** in class, the more you understand and listen in class the less work you will have to do outside of the classroom.

Assignment tracker

File Edit View Insert Format Data Tools Extensions Help

100% 123

C12 Done

	A	B	C	D	E
2	ASSIGNMENT TRACKER		Add subjects or course to the 'Subjects' sheet. In this sheet, select your subject, add assignments, status, time required, when you		
3	Subject	Assignment	Status	Time Taken	Due on
4					
5					
6	work	go thru school calendar and add in dates for pshe and other stuff	Done		06/09/2023
7	work	send that email for volunteering asap	Skipped		06/09/2023
8	Chemistry	chem email complete anki	Done		07/09/2023
9	Math	TESTTTT on gcse content papst paper then grade 9 past paper	Not started		08/09/2023
10	Math	go thru and ans math qs on active learn	Done		08/09/2023
11	Biology	make notes for lesson on dna and rna read extra and watch youtube vids	In progress		08/09/2023
12	Biology	ppw slide 22 do qs and mark them and do exam qs sheet	Done		08/09/2023
13	work	in2science programme search			10/09/2023
14	work	log into unifrog			10/09/2023
15	Biology	make notes for lesson on dna and rna read extra nad watch vids	Skipped		11/09/2023
16	Physics	do math qs	Done		13/09/2023
17	work	the art of makink new freinds article before thurs send to mail			14/09/2023
18	Chemistry	make atom chem notes			12/09/2023
19	Chemistry	teams Ms baker	Done		12/09/2023
20	other	print off physics and math thing send to email	Done		10/09/2023
21	Biology	make flashcards from notes	Done		18/09/2023
22	Physics	sheet and try seneca	Done		14/09/2023

28 Assignments Subjects

Here is a little screen clipping of what my google assignment/ homework/ exam/ flashcard... tracker

I can sort it by:

- Subject
- The type of assignment it is
- Its status (done, not started, in progress, skipped)
- how long it takes (time taken column)
- **MOST IMPORTANTLY, due date**

Husaina's routine

Time	Task
Morning before school	Read flashcards whilst eating breakfast
School	Lessons and homework in free periods
3.30pm - 5pm	Nap and a snack
5-8pm	Study (but it really depends on how much I have to get done) taking 5 min breaks every 30-45 mins , the more planned breaks you have while studying helps you to retain high levels of concentration and motivation to help you study for even longer (similar to the Pomodoro technique)
8pm	Dinner
Before bed	Watch YouTube/hobby time

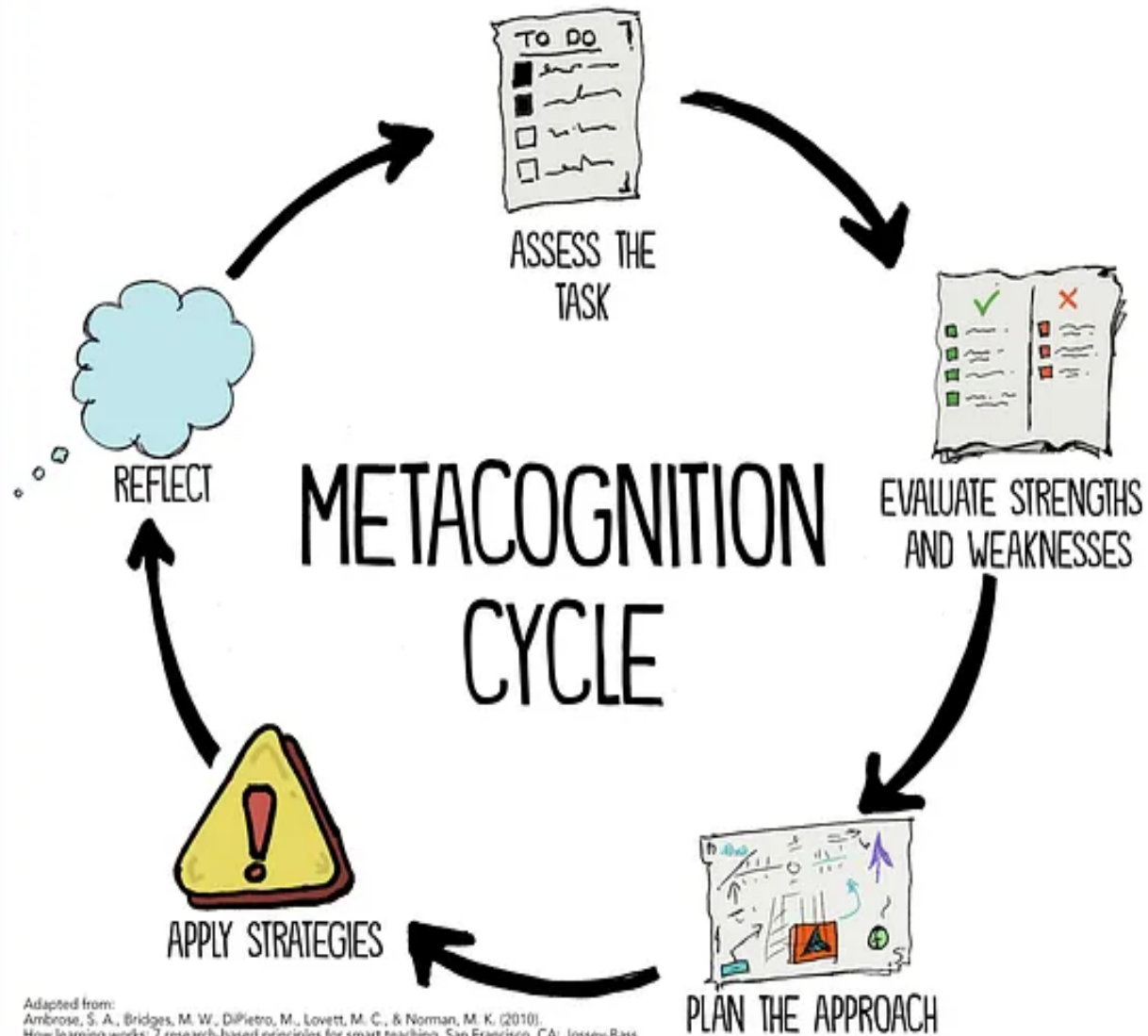
THE POWER OF METACOGNITION

Metacognition is vital for students to thrive in college, in their careers, and in life-long learning. It helps promote autonomy and resiliency. When students improve their metacognitive skills, they are more likely to embrace a Growth Mindset and learn from mistakes.

If we want students to grow into problem-solvers and critical thinkers, we need to help them develop metacognition.



JOHN SPENCER



Adapted from:
Ambrose, S. A., Bridges, M. W., DiPietro, M., Lovett, M. C., & Norman, M. K. (2010).
How learning works: 7 research-based principles for smart teaching. San Francisco, CA: Jossey-Bass.

Metacognition in practice



**Step 1: End of
topic tests**



**Step 2: Official
past papers**



**Step 3: Study
the mark
scheme**



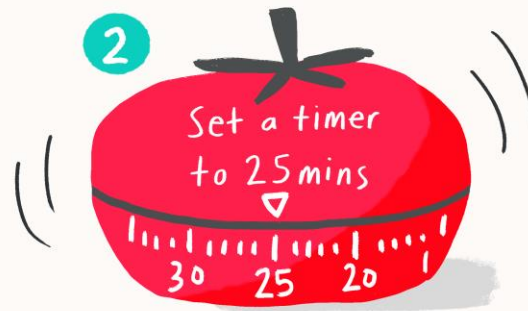
**Step 4:
Flashcards for
weak spots**



Step 5: Repeat

How to beat procrastination

The Pomodoro Technique



4 After 25mins - Take a (smart) break such as...



Form tutor

- The first point of contact if they need support.

Sixth Form Learning Mentor

- Ms Archer is based in the Sixth Form QSA and is available if students require coaching, help or advice.

Sixth Form Team

- We have an 'open door' policy
- Students can go to the office any time if they need to talk to someone.

Student Focus Centre

- Supports students if they are experiencing mental health issues.
- Please contact Ms Le Cuirot for a referral.



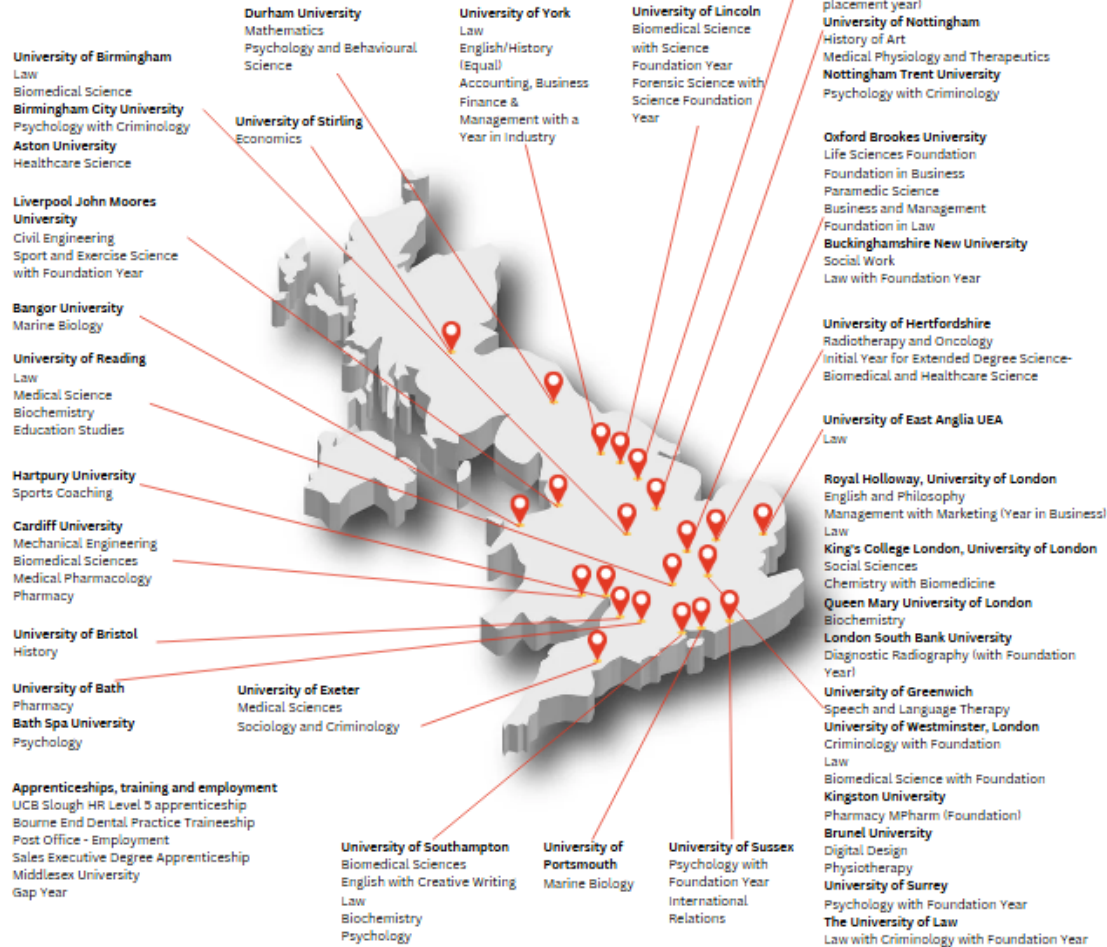
Support

Destinations



NEWLANDS SIXTH FORM
A PART OF NEWLANDS COLLEGE

YEAR 13 DESTINATIONS 2025



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UCAS

Amazing
Apprenticeships

PROSPECTS



University

Pros	Cons
<ul style="list-style-type: none">• Access to wide range of subjects and specializations• Develops critical thinking and research skills• University experience and social networks• Higher earning potential in many careers• Time to explore interests and mature• Access to graduate schemes and professional careers• International recognition of qualifications• Campus facilities (libraries, labs, sports, societies)	<ul style="list-style-type: none">• High cost (tuition fees and living expenses)• Accumulation of student debt• No guaranteed job at the end• 3+ years without earning a salary• May study theory without practical application• Competitive job market for graduates• May not suit all learning styles• Pressure and stress of academic demands



Degree Apprenticeships

Pros	Cons
<ul style="list-style-type: none">• Earn while you learn (salary throughout)• No student debt - employer pays tuition fees• Gain practical experience alongside academic study• Guaranteed job with training employer• Develop professional networks in industry• University-level qualification plus work experience• Often clear career progression pathway• Highly valued by employers	<ul style="list-style-type: none">• Limited number of positions available• Highly competitive application process• Less flexibility in career changes during program• May have limited university campus experience• Fewer subject options compared to traditional degrees• Tied to one employer for several years• May require longer working hours than students• Less time for personal development/exploration



High Level Apprenticeships

Pros	Cons
<ul style="list-style-type: none">• Earn while training with good career and salary progression• No student debt• Gain valuable practical skills and• Respected qualifications in specific industries/professions• Mentorship from experienced professionals• Strong job security	<ul style="list-style-type: none">• Sets you on a career route earlier than a graduate scheme• May have lower long-term earning potential• Less academic breadth than university• Competitive application process



Employment

Pros	Cons
<ul style="list-style-type: none">• Immediate income and financial independence• Gain real-world experience quickly• Develop practical skills and work ethic• Opportunity for rapid promotion in some fields• No student debt• Can pursue part-time study if desired• Learn what career interests you• Build professional networks early	<ul style="list-style-type: none">• Lower starting salaries typically• Fewer opportunities for career changes• May face competition from qualified candidates• Limited access to graduate training schemes• Could become stuck in entry-level positions• May regret not pursuing higher education later



Gap Year

Pros	Cons
<ul style="list-style-type: none">• Time to mature and gain life experience• Opportunity to travel and broaden perspectives• Can work to save money for future education• Time to research career options thoroughly• Develop independence and confidence• Volunteer work can enhance CV• Mental health break after intense A-levels• Can improve university applications with experience	<ul style="list-style-type: none">• Risk of losing academic momentum• Pressure from peers who go straight to university• May waste time without clear structure/goals• Could delay career start by a year• Financial cost if traveling/not earning• May find it harder to return to study• University places not guaranteed if deferring



Start looking now

- Speak to your teachers and tutors
- Don't be swayed by your friends
- Be realistic
- Look at a map!
- Decide what is important to you:
 - Type of university/employer
 - Location
 - Earning power
 - Chance of entry
- Research back up options and insurance offers

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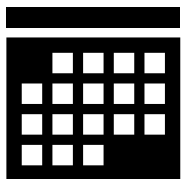
UCAS

Amazing
Apprenticeships

PROSPECTS



Date	Event
21 st November 18 th March 9 th July	Year 12 Progress Reports sent home
29 th January 4-7pm	Year 12 Parents' Evening
22 nd June for 2 weeks	Year 12 End of Year Exams
13 th July for 1 week	Year 12 Work Experience



Key dates

Any questions?



NEWLANDS SIXTH FORM
COURAGE COMMITMENT COMPASSION