



NEWLANDS GIRLS' SCHOOL
COURAGE COMMITMENT COMPASSION

Year 10

Information

Evening

2025

Year 10

YEAR 10 TEAM

Head of Year 10: Mrs G Kennedy-King

Senior Link: Mr J O'Connell, Assistant Headteacher

Form Tutors:

- 10A – Mr B Evans & Mrs J Barry
- 10B – Mr O Shackleton
- 10C – Miss K Raftery
- 10D – Miss L Stock & Miss C Griffiths
- 10E – Ms K Szymanski & Ms A Alleyne
- 10F – Mrs R Sutton & Ms M Morrison

Year 10 Important Dates - Academic

Thursday 4th December: Progress Report 1

Thursday 12th March: Progress Report 2

Thursday 19th March: Year 10 Parents' Evening

Tuesday 14th April – Wednesday 29th April: Year 10 Exams

Monday 11th May-Wednesday 20th May: MFL Speaking Exam Week

Wednesday 13th May – University of Sussex Visit

Tuesday 2nd-Wednesday 3rd June – Food Nutrition Practical Exam

Thursday 18th June: Progress Report 3

Monday 13th July: Year 10 Work Experience Week

Attendance

100% 0 Days absence

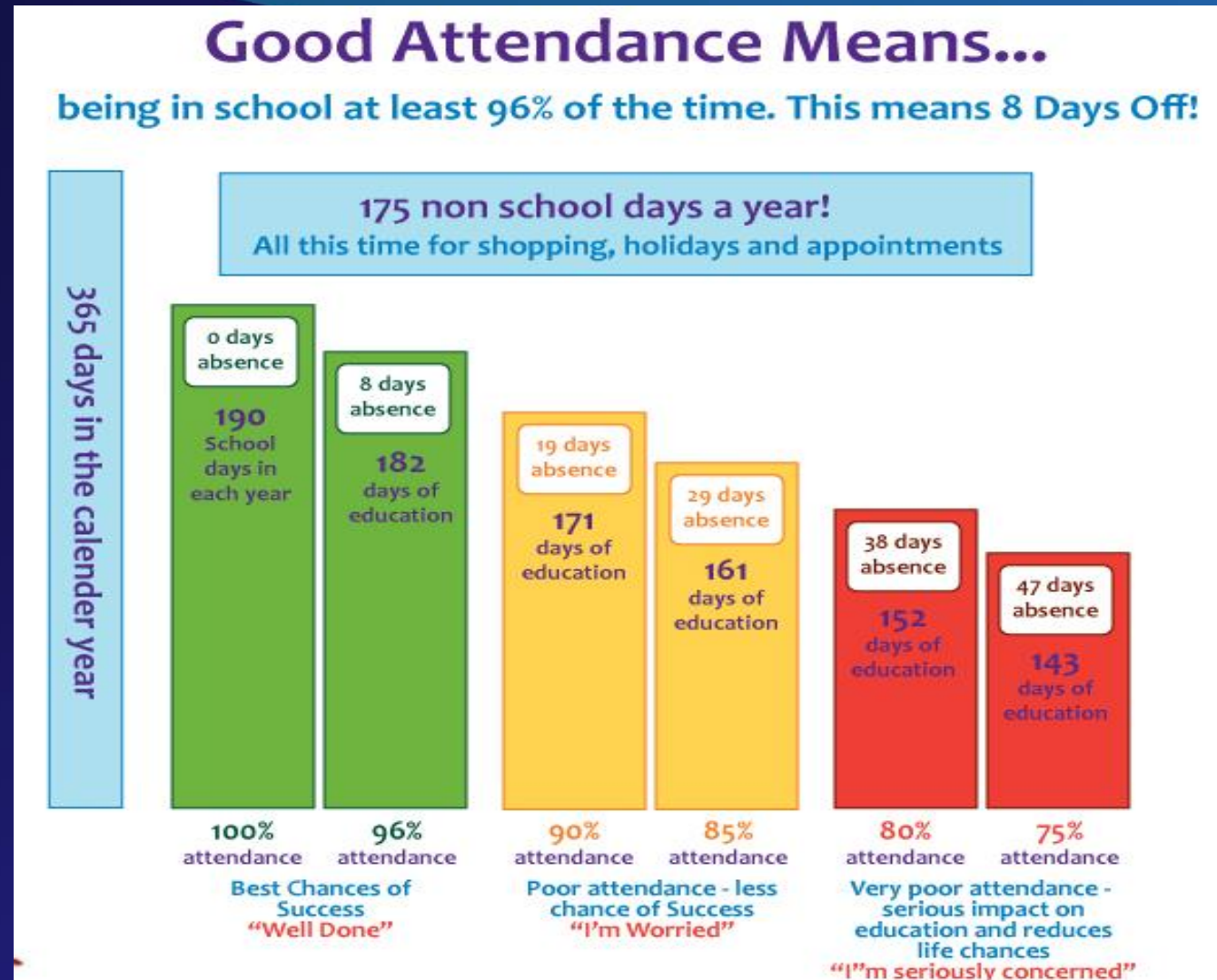
96% 8 Days absence

90% 19 Days absence

85% 29 Days absence

80% 38 Days absence

75% 47 Days absence



Progress Reports

ATTITUDE TO LEARNING and **HOMEWORK** grades are given on a four-point scale:

1 Excellent; 2 Good; 3 Requires Improvement; 4 Inadequate.

TARGET GRADE:

Each student's targets have been calculated for individual subjects, based on their attainment at earlier stages in their school career.

PREDICTED ATTAINMENT:

These are the grades your child's teachers judge **they will attain at the end of Key Stage 4**, if they sustain their **current level of progress**. GCSE subjects are graded 9-1. Additionally, all grades are **fine-graded**. For example, '5+' is the top of a grade 5, very close to a 6; '5=' is a secure 5 and '5-' is a low 5, close to a 4.

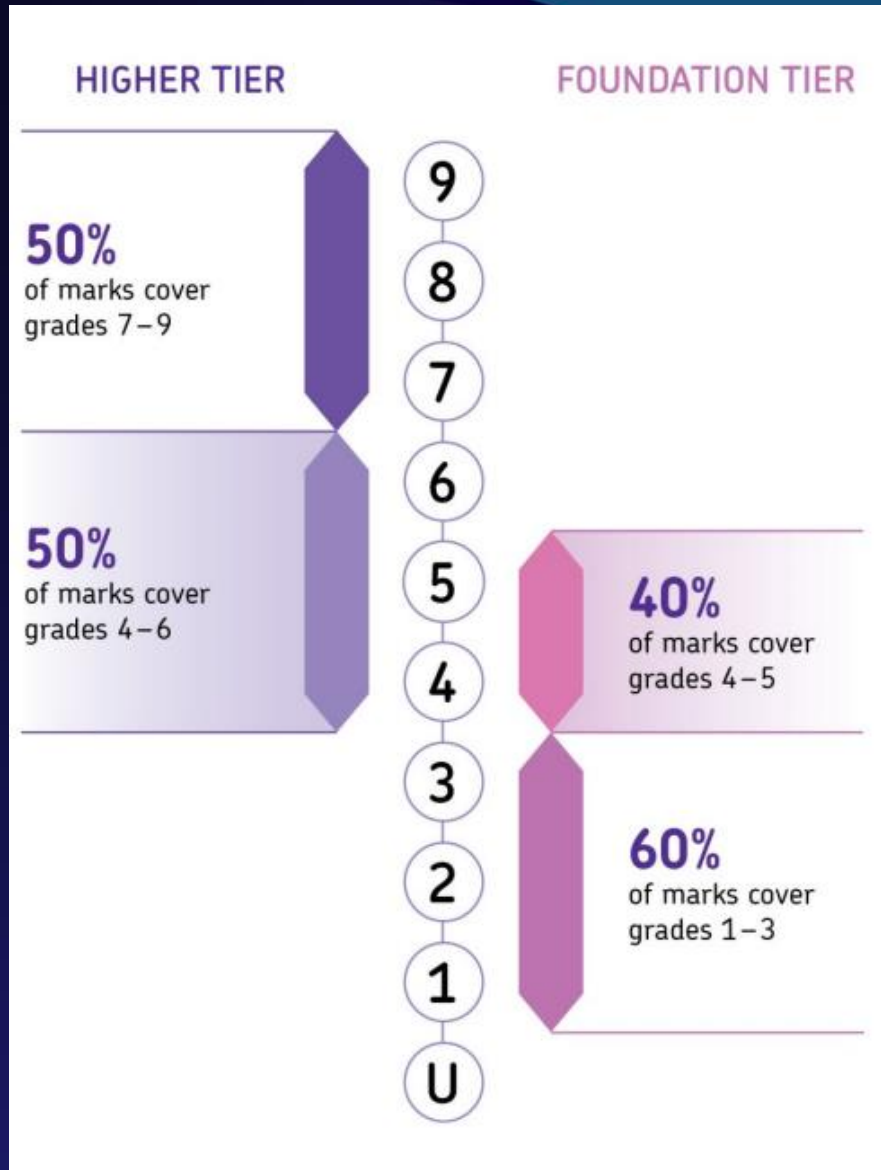
New grading structure	Current grading structure
9	
8	A*
7	A
6	B
5	C
4	
3	D
2	E
1	F
	G
U	U

GCSE grading

Summary of GCSE Examination Results 2025

GCSE results achieved by Year 11 pupils

Percentage achieving 9-4 in English and Maths	86%
Percentage achieving 9-5 in English and Maths	65%
English Baccalaureate entry	76%
Attainment 8	55.43



Tiers of entry

It's also a reality that some students underperform on exam day. This is why there's also an 'allowed' grade 3 on the Higher tier.

No questions target the 'allowed grade 3', and it's half the width of a normal grade. It just exists as a contingency to catch solid Higher tier students who have an off day.

Subject Tiers – Science

All students in year 10 will cover the same content in Science.

- The top performing students at the end of year 10 are offered Separate Sciences.
- They study separate science in year 11.
- This requires the students to do some independent work to cover extra content at home and an adjusted timetable in Year 11.
- The remaining students will study combined Science in year 11.

Subject Tiers – MFL

- The vast majority of students are offered the opportunity to sit the Higher Tier paper for the Y10 internal exams and/or Y11 Mocks.
- Students who have attained a high grade 5 in the Higher Tier paper in the Y11 Mocks will be entered for the Higher Tier in the summer of 2027. Other linguists will be entered for the Foundation Tier.
- No higher educational establishment or employer will know if the student sat the Higher Tier or the Foundation Tier. The certificates only show the grade attained.

Subject Tiers – Mathematics

Students are set according to their performance in class assessments.

Set 1 and 2 are taught the content required for the Higher tier

Set 3 and 4 are taught the content required for the Foundation tier

Changes to sets can continue to take place throughout the course

Revision Techniques For GCSE

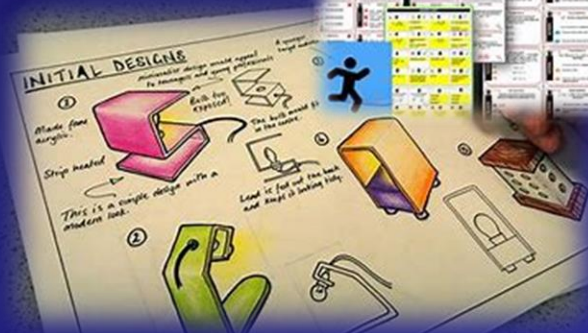


How tall is Mount Everest?

8,848 metres above sea level

FRONT

BACK



CHARACTER

DIALOGUE

SLUG LINE

ACTION

PARANTHANTICAL

FADE IN:
 DIALOGUE MONTAGE
 MEREDITH (V.O.)
 The game. They say a person either has what it takes to play, or they don't. My father was one of the greats. Me on the other hand --

FLATLINE
 MEREDITH (CONT'D)
 I'm kinda nervous.

INT. MEREDITH'S LIVING ROOM - SUNNED
 A rambling but shabby home. Light filters through curtains. Meet MEREDITH GRAY (12) smart, nervous, jittery, hard-working and...well, naked. She POUNCES for her costume.

DESK (O.S.)
 This is...
 There's a naked girl lying by the fireplace we didn't notice before. DESK (late 50s), looking sexy, checking -- the man all was wrapped in just walking. Meredith screams quietly, uncomfortable with his presence.

MEREDITH
 This is humiliating on so many levels. -- You have to go.

DESK
 Come back down here. We'll pick up where we left off...

MEREDITH
 You have to go. It's late. Which isn't what you want to be on your first day of work...you have to go.

She's toasting his clothes at him. Desk sits up, looking around. The room is oddly disorganized -- too much furniture, post-it stuck to drawers, layers of dust over everything.

DESK
 You actually live here?

MEREDITH
 No. Yes. Kind of.

1. Flashcards

- Short flashes of important facts and figures stick in your memory, meaning you'll be able to use the information in your exams.
- Every time you make a flashcard, make sure that it is actually testing a “Learning Objective” that is stated in your specific subject specification.
- Phrasing your flashcards as questions actually forces your brain to think about the question before you shout out the answer.



2. YouTube Tutorials/videos and websites

- It can sometimes depend on what kind of learner you are. For example, a visual or aural learner would benefit more from video tutorials
- Videos are great for revising, as long as you're watching videos on your course content. – Ask your teachers,

-English Language and Literature (Mr Bruff

<https://www.youtube.com/user/mrbruff>)

-Cognito

-Seneca

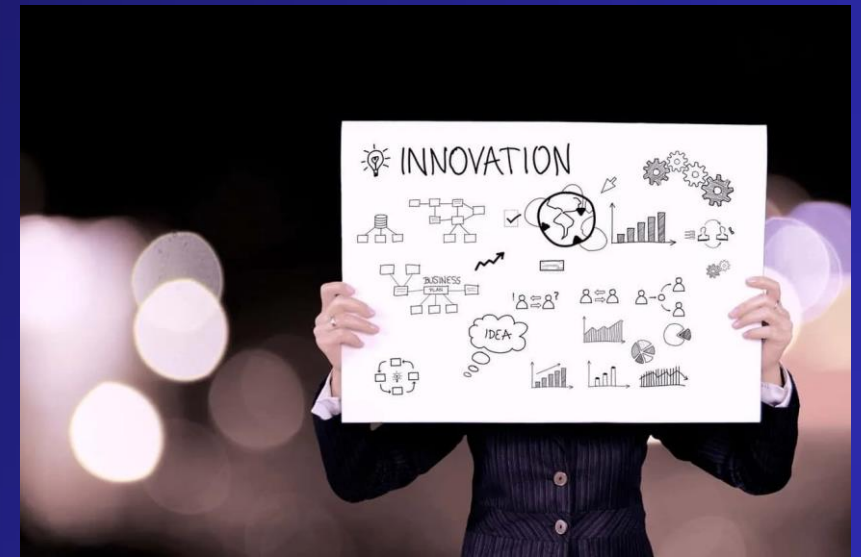


3. Mind Maps

They consist of writing down all that you can remember, and then you can work out the gaps in your knowledge.

A mind map is essentially a visual representation of the knowledge that is contained inside your head.

They should be used at the start of a revision session so that you can identify all of your knowledge gaps for a particular subject.



4. Blurting

The blurting method is an active recall study technique that helps students enhance their memory retention by writing down everything they can remember about a topic.



Blurting method steps:

- 1) Revise a topic – read or review notes first.
- 2) Shut your notes and see what you can remember – no looking back
- 3) Blurt it out- using a white board or paper – write down everything you can remember about the topic
- 4) Chek your notes again – see what you missed or got wrong
- 5) Fill in gaps and repeat –focus on the parts you forgot next time.

5. Past Papers and practice questions

- The great thing about them is, there's a past paper for every subject you could possibly do.
- **Exam technique is essential for any student**, as without it you could lose a lot of marks.
- **Possibly the most common (and most simple) way of going through past papers is to do all the questions in the allotted time, and then check your answers after.**
- Outside Room 18 there is a wall full of history practice questions that are really useful.
- Remember teachers are always happy to mark any practice questions you throw at them



Essay plans:

Instead of answering full questions you can do Essay plans which is a quicker way of understanding what you know on a topic.

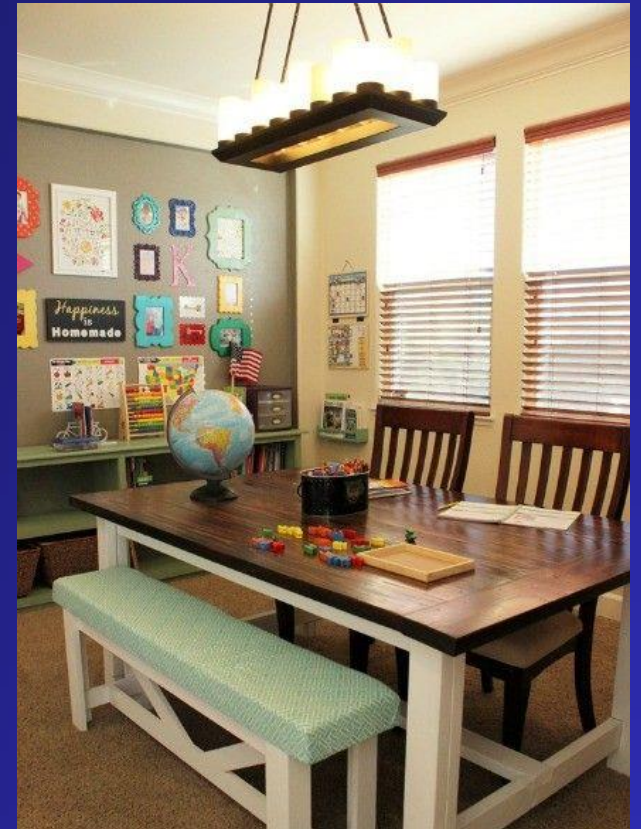
6. Teach Someone Else/Group revision

- When you are teaching someone, they will ask a lot of questions. Each of these questions you will have to explain in detail. Therefore, it is very likely that they will ask a few questions you won't know the answer to.
- It's important to question your knowledge, as otherwise you may have hidden gaps.
- Ask questions about your child's revision, get them to 'teach' you.



7. Environment

- Research has found that learning **environments** play a crucial role in student success.
- Several factors can affect learning ability, including seating, light, noise, and even colour.
- Students who study in a positive learning **environment** have been shown to be more motivated, engaged, and have a higher overall learning ability.



Personal Development

Monday	Announcements, Silent Reading, Planner Signing
Tuesday	Enrichment (Pastoral Programme)
Wednesday	Assembly
Thursday	Personalised Learning Sessions
Friday	Mindfulness / Quiz

	Dates	2025/26	Y7	Y8	Y9		Y11	Y12	Y13
Term 1	12/09 P3	Relationships	Identity	DASH Relationships and Domestic Abuse	Consent - Avoiding Assumptions	Pressure, Persuasion and Coercion	AFC Indecent Imagery	Stepping Up to Sixth Form and target setting	Stepping up to Yr13 and target setting
	25/09 P3		Peer pressure and bullying	Relationship values	Freedom and Capacity to Consent	Family Life Long term commitment	Relationship Abuse	Sixth Form Study Habits	Apprenticeships / Sponsored
	01/10 P2		Challenging Stereotypes	LGBT Awareness	Safer online relationships	AFC Substance misuse	Careers CV writing	Striking a Balance - Mental Health	Independence and Safety in Adulthood
	10/10 P2		BV Human Rights	Introduction to Consent	Healthy and Unhealthy Relationship	Family Life The legal status of marriage	Exam Reflection 'Exam Attack'	DASH talk	
	20/10 P2	Careers	Careers	Careers	Careers	Careers	Careers	Risky behaviours workshop	
Term 2	13/11 P2	Health & Well-being	Menstrual Wellbeing	Body Image	Growth Mindset	The sleep factor	Exams	Safe drive - need to arrange	
	26/11 P5		Making choices about diet and exercise	Digital Resilience	Drugs & Alcohol Exploring attitudes	Pregnancy outcomes	Recognising mental ill-health	Staying Safe: Alcohol and Binge Drinking	Living on a budget
	09/12 P2		Maintaining physical health	AFC Digital Safety	Drugs, the law and managing risk	Pregnancy choices: abortion	Substance use and assessing risk	Healthy Relationships Consent	Interview techniques
	16/12 P3		Personal Hygiene	Unhealthy Coping Strategies	First Aid	First Aid Allergies	Finance	Breast cancer talk (ELE to arrange)	How to prepare for exams
Term 5	1/05 P3	Living in the wider world	Attitudes Toward Mental Health	Healthy Coping Strategies	AFC LSE & County Lines	Staying safe on the roads	Study Leave	Post-16 options	Study Leave
	20/05 P3		Promoting Emotional Wellbeing	DASH - Hall FGM	Change, Loss, Grief	BV Equality & Justice		Understanding the Workplace Student	
	08/06 P4		Vaping	Alcohol	AFC youth Violence	Young legal Eagles		Finance -	
Term 6	23/06 P4	Careers	Careers	Careers	Careers	Careers	Exams	Apprenticeships / Sponsored	
	09/07 P4		Sexting	BV Diversity	Radicalisation	HMRC Tax facts			



Preparation for the future

Work Experience & Unifrog

Work Experience

Career based activities will occur within the Term at NGS.

Unifrog will be the platform used in conjunction with work experience.

[Unifrog - The universal destinations platform.](#)



What action can you take now?

Explore the Unifrog website.

Take the career quizzes on Unifrog and explore different avenues. Personalise this experience for you.

Speak to our careers advisor or Sixth Form/Year 11 about their experience.

Consider where you would like to do work experience and look into this further.

[Unifrog - The universal destinations platform.](#)





Looking after your well-
being

Well-being and Support

Stress is natural, normal and is designed to help us cope in challenging situations.

A small amount can be good as it pushes us to work hard and do our best.

Un-managed stress can lead to mental health problems and affect academic performance.

Exams are stressful and you may feel:

- Unprepared
- Worried about how you will perform
- Pressure from others *and* yourself
- An urge to compare yourself to others
- Worried about the future



Where can I get support in school?

Form Tutor

Subject Teachers

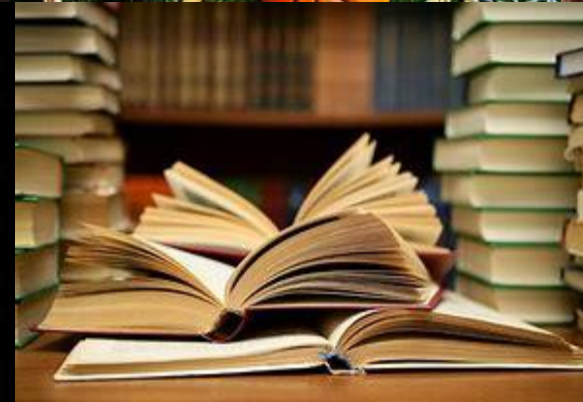
Head of Year

SFC



Extra-Curricular Activities

Extra-Curricular - Newlands Girls' School



Why do Extra Curricular Activities?

Develop your CV/Applications

Exploration/Broader perspectives

Improved academic performance

Supports good mental health

Development of social skills



Teach the child, not
just the curriculum.

Tamara L. Chilver

[@tamalchilver](#)

What does it mean to be an outstanding GCSE student?

Preparation

Proactivity

Positivity

Preparation

Arrive **promptly** to lessons with all the equipment required.

Organise yourself and your planner so you are up to date with deadlines and homework.



Proactivity

Ask for help when you are unsure.

Complete wider reading or research if a topic interests you or you would like further support.

Participate in extra-curricular activities to maintain good mental health.



Positivity

Arrive to school and all lessons with a positive work ethic.

Be kind and compassionate towards your peers and yourself.

Set yourself goals and work towards them with resilience and a positive mindset.



Parents & carers – How can you provide support?

Help your child keep up to date with deadlines for homework and coursework.

Maintain effective communication with school.

Encourage high attendance and punctuality.

Explore revision strategies with your child.

Have conversations about their subjects and revision.