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News In Brief



Sixth Form Prefect Applications

If any Year 12 student would like to take on a role of responsibility within the Sixth Form then you have the opportunity to become a Sixth Form Prefect. Please write a letter of application, addressed to Mrs Walton, detailing why you would be a suitable candidate and what you could bring to the role. The job description has been emailed to all of you: please hand in a hard copy of your letter to the Sixth Form Office by 3pm on Friday 22nd October. If you have any questions please speak to the current Head and Deputy Head Girls.



The Lumière Film Society

October is Black History Month: an event that has been celebrated nationwide for more than 30 years. The month was originally founded to recognise the contributions that people of African and Caribbean backgrounds have made to the UK over many generations. Now, Black History Month has expanded to include the history of not just African and Caribbean people, but black people in general. Our film recommendation this week is [Pressure \(15\)](#): a 1976 film which is widely acknowledged to have kick-started black British cinema. The story highlights the struggles of Tony, a young black school leaver who, despite having good academic qualifications, finds it all but impossible to find a job. His growing frustration with the institutional racism that prevents him from gaining employment leads him to open up to radical ideas - and question a system that denies him opportunities and benefits.

Advice for Sixth Form



Revision Advice

By Zoha Qureshi

"I would like to introduce you to an app called [Anki](#) which allows you to write your own flashcards. I much prefer this to Quizlet, as Anki uses an algorithm that mimics the active recall style of revision. For example, if I do not know the answer to one question, I will be asked the card again within 10 minutes. If I do remember the card, however, I won't be asked again for four days. If I remember the card after four days, then it will ask me again after ten days but if not, then I will be asked the card within two minutes. This process repeats until you fully remember the card. To maximise my learning, I write flashcards for both information and exam questions so I know exactly what the mark scheme wants."

Student Voice



Schizophrenia

By Rebecca Anderson

Schizophrenia is classified as a psychotic disorder where a person's perceptions, thought processes, beliefs and emotions seemed to be disconnected from reality. It affects 0.3% to 0.7% of people and is slightly more common in men than women. It can be caused by genetic as well as environmental factors. Symptoms can be positive (present), negative (not present) and cognitive. Positive symptoms can be delusions, hallucinations, disorganised speech and disorganised behaviour. Negative symptoms can include loss of emotions, loss of joy, reduced speech and a loss of motivation. Cognitive symptoms can include difficulty maintaining attention, memory problems, difficulty planning and structuring activities and a lack of insight into their illness. This means that people around them should remain observant if symptoms arise and help the patient maintain the routines of treatment in order to control symptoms.

Current Affairs



Shoppers Told to Plan Ahead for Christmas Amid Port Delays

Shared by Luz Dance

The boss of a global shipping agency has told shoppers to plan ahead for Christmas and order items in a 'timely fashion' to ensure they arrive in time. It's likely shop shelves will stay stocked but with much less variety and choice. The UK's biggest commercial port Flixborough has said, however, that shipping container congestion is easing and that 'the supply chain will not fail'. The problems, and mixed messages, come at the busiest time of the year for many businesses, when most goods are being imported from Asia for Christmas trading. The supply chain industry has been working 'extremely hard' for the last 18 months through Covid and Brexit, and will continue to do so. It looks, though, like its time to start Christmas shopping now!



France to get migrant patrol funds soon, says UK minister

Shared by Alice Stroud

In recent years, the number of migrants crossing the English Channel has risen significantly. During July the UK promised France £54 million to help tackle migrants crossing the channel. This money will specifically be invested in increasing police patrols along the coastline, boosting aerial surveillance, and increasing security infrastructure at ports. However, on Saturday, a French minister complained that 'not one euro' has been transferred. The UK's security minister, Damian Hinds, has insisted the payment timetable was an administrative matter not a political one. Despite this, tension is rising as Priti Patel reportedly promised Tory MPs the funding would be withheld unless France intercepted more crossings, causing the French minister to accuse the UK of financial blackmail.

Women in STEM



Jocelyn Bell Burnell

By Inika Nicholls

If you are someone who has a love for physics, you may be interested in a career in astrophysics or astronomy. Astrophysics deals with the mysteries of the universe and how we came to be. Jocelyn Bell Burnell is an amazing female astrophysicist, paving the way for women in a largely male dominated field. She discovered the first radio pulsars in 1967, but only her male counterparts were credited for this discovery. In her [Life Scientific interview](#) she discusses how she was denied a Nobel prize due to her gender, and the extreme difficulties she had to overcome as a woman in STEM. She is living proof that although the path may be hard, being a woman in STEM is both possible and rewarding.

Broadening Horizons



National Coming Out Day

National Coming Out Day is an annual LGBTQ+ awareness day observed on October 11 to support lesbian, gay, bisexual, transgender, pansexual, and more people to "come out of the closet". First celebrated in the United States in 1988, the initial idea was grounded in the feminist and gay liberation spirit of the personal being political, and the emphasis on the most basic form of activism being coming out to family, friends and colleagues, and living life as an openly lesbian or gay person. The foundational belief is that homophobia thrives in an atmosphere of silence and ignorance, and that once people know that they have loved ones who are lesbian or gay, they are far less likely to maintain homophobic or oppressive views.

Green Thought for the Week



Green Sources of Inspiration

By Lily Hall

- The podcast [Slow Your Home](#) with Brooke and Ben McAlary covers all aspects of simple living: from natural cleaning and zero waste, to gardening and meditation.
- [Good on You](#) is an ethical fashion app that checks how brands rate and recommends sustainable alternatives.

Sixth Form Support



Careers and Tertiary Education Spotlight



Careers Information

Please note that we will be saving any careers information that we include in the bulletin in a file called 'Careers Information' on the public drive for students to access. Only new opportunities will be included in the weekly bulletin but you can still find the information from the past bulletins in the folder.



Opportunities

Apprenticeship with Volkswagen Group

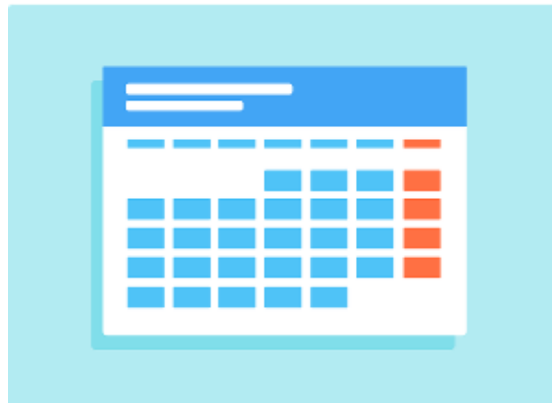
The Volkswagen Group apprenticeship programme offers the opportunity to learn and earn through gaining a nationally recognised qualification whilst working for one of the world's leading automotive brands such as Audi, SEAT, ŠKODA, Volkswagen, Volkswagen Commercial Vehicles, Volkswagen Group Paint and Body or TPS. You can find details [here](#).

Discover Brookes Access Programme (for Year 12)

This free programme will support you as you make decisions about your next steps through virtual subject tasters, 1:1 online mentoring from a current student, support with your UCAS application, and an automatic place on an on-campus summer school. Applications close on 12th November and you can [apply here](#).

Space Quiz

World Space Week is an annual event that celebrates science and technology and their impact on the development of humankind. To celebrate, Amazing Apprenticeships created a fun and informative [quiz](#) all about careers in the space industry.



Events

Careers Fair

On 29th October The UK Careers Fair will be at Reading Penta Hotel. Please find details [here](#).

Heathrow Virtual Talk

During the week of 25th to 29th October, Heathrow Airport is delivering a series of virtual career talks featuring a colleague from a different area of the airport talking about their role, their career journey and what it's like to work at Heathrow. To close the week, there will be an employability skills workshop. To watch the webinar, viewers just need to click the link on [this page](#) when it starts – no sign-up is required. Each webinar will be recorded and uploaded within 24 hours.

Salford University Taster Lectures

- Wednesday 20th October 3pm [Virus Heroes and Villains](#)
- Wednesday 10th November 3pm [The Growing Demand: fast-growing Economics](#)
- Wednesday 8th December 3pm [Assisted Reproductive Technology and Legal Parenthood](#)

Contact Us

Please feel free to email any suggestions for future bulletins to: katebretherton@newlandsgirls.co.uk

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