



| 2021/2022 | Term 5 | Issue 1 | 29th April | 2022 |

Sixth Form Bulletin

- [News in Brief](#)
- [Student Voice](#)
- [Current Affairs](#)
- [Green Thought for the Week](#)
- [Sixth Form Support](#)
- [Careers and Tertiary Education Spotlight](#)

News In Brief



Synchro Success

By Lily Hall

This weekend, my synchronised skating team - Aura GB - won our category at the British Synchronised Skating Championships. Whilst our victory was sweet, our journey to this win hasn't been straightforward over the past couple of years. Lockdown meant that we missed out on the entire 20/21 season, which also meant we couldn't move up to the top international category as we'd hope to, resulting in year of off-ice training on zoom. Not only that, but two months after we all got back on the ice together last May, our rink in Lee Valley was closed for rebuilding so our training moved to a different rink in London. With limited ice time available to us, we had to train at 5:30am on a Sunday!

Over the years I have gained so much from being part of a team: communication and building trust being two of the most important ones. I've also learnt what it means to be dedicated, and how to deal with obstacles such as injury and disappointing skates. Most importantly, your team becomes your family, and in the end, you get to share the result of your hard work together. It is never too late to start a sport you are interested in: teams exist at all levels, and university is a great time to get involved in something new.



Oxbridge Workshop

By Afrah Qamar

On Tuesday, students in the Year 11 and 12 were invited to attend an Oxbridge Session run by Dr Joe Organ and Amelia Grigg, to gain more insight into university life at Oxford and Cambridge Universities. It was a very valuable experience: they explained the application processes and what to think about when choosing which subject to study. It was also interesting to hear about how different the course styles were in each university, and we were encouraged to do further research into the areas we are interested in. Whilst we did get Oxbridge specific advice, a few students had questions about other worries they had about going to university, which were very well explained, and we did feel reassured by the end. Many of us are very interested in applying to Oxbridge, so this session was very informative for all, and we look forward to hopefully another session about the interview process at Oxbridge in the future.



The Little Princess Trust

By Sienna Yoxall

The Little Princess Trust is a charity that provides wigs for children and young people who have sadly lost their hair due to cancer treatments and other conditions. I recently donated a large chunk of my hair, and I am so happy that it can be used to make another person smile again. You too can help by either donating your own hair or raising money. The money raised goes towards projects to research more into effective cancer treatments for childhood cancers. If you are ever thinking of chopping off your hair and having a completely new style, consider giving it away to the Little Princess Trust. Each donation small or big is a massive help to them! If you would like to read further into this, visit their [website](#).



Anzac Day

— LEST WE FORGET —

The Lumière Film Society

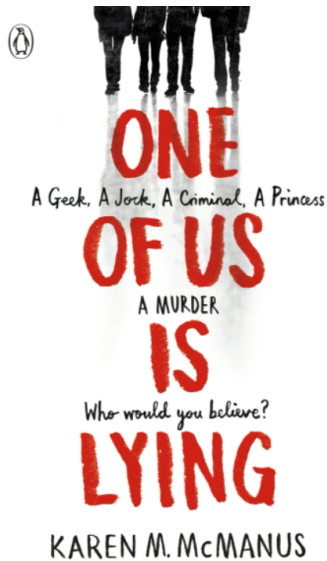
25th April is Anzac Day: a national day of remembrance in Australia and New Zealand that broadly commemorates all Australians and New Zealanders who served and died in all wars, conflicts, and peacekeeping operations. Our film recommendation this week is [Breaker Morant \(PG\)](#): a story about three Australian lieutenants who are court martialed for executing prisoners as a way of deflecting attention from war crimes committed by their superior officers.

Student Voice

Book Review: One of Us is Lying by Karen McManus

By Randeep Kaur

This is without doubt one of the best books I've read! Five students go into a detention, but only 4 come out alive - who's



the killer? The 4 students are made suspects, and they are each such distinct characters and it really makes you step back and appreciate how the author individually developed them so well. It's one of those books that you can't put down until you've finished reading it. Each time you're about to stop reading, there's another plot twist so you want to carry on and see what happens: it gets addictive!. There's also a Netflix series based on the book that came out on the 18th of February 2022 which you can watch. A solid 11/10.

Current Affairs



International Noise Awareness Day

By Lucy Miller

Ironically, it was as I was listening to loud music through my headphones that I came across a notice about the 27th Annual International Noise Awareness Day, which took place on Wednesday. The website is actually really interesting: I had no idea that 5 in 10 young people routinely listen to their music too loudly, to the extent that 48 million people in the U.S. alone have trouble hearing with one, or both, of their ears. In addition to increasing stress-levels and contributing to information over-loading, noise can also cause irrevocable hearing loss, which a growing body of research links with long-term social isolation, depression, and even the onset of Alzheimer's Disease. To reduce the risk of this, the solutions are very simple: try leaving your airpods at home if you're going for a walk, turn down the volume when you're using headphones, and move away from the speakers at concerts. Or just learn to appreciate [John Cage's 4'33"](#)!

Green Thought for the Week



Being green and clean is not just an aspiration but an action.

Christine Pelosi

quote fancy

Sixth Form Support

#MotivationalMondays

“The only limit to the height of your achievements is the reach of your dreams and your willingness to work for them.”

- Michelle Obama

Careers and Tertiary Education Spotlight



Please note that we will be saving any careers information that we include in the bulletin in a file called 'Careers Information' on the public drive for students to access. Only new opportunities will be included in the weekly bulletin but you can still find the information from the past bulletins in the folder.



Opportunities

Engineering Residential for Year 11

Engineering Experience offers Year 11 participants an opportunity to explore different engineering degrees in a two day residential at Loughborough's Campus in Leicestershire on 6th and 7th July. Interested students should submit their [application](#) by 2nd May.

M&G Apprenticeships

Apprenticeships with M&G are now open. You can [apply](#) for careers in Project Support, Sustainability, Risk, Investment Operations, Finance, Data, Technology and Client Relations until 9th May.

Apprenticeships with Mercedes

Mercedes-Benz are currently recruiting apprentices for Light Vehicle and Heavy Vehicle Technicians, Customer Service Experts and Retail Parts Advisors. You can apply [here](#).

Apprenticeship with Willis Towers Watson

WTW are recruiting apprentices for a range of roles in Business and Finance. Find your role and apply [here](#).

Vacancies at Heathrow Airport

For job and apprenticeship vacancies at Heathrow please have a look [here](#).

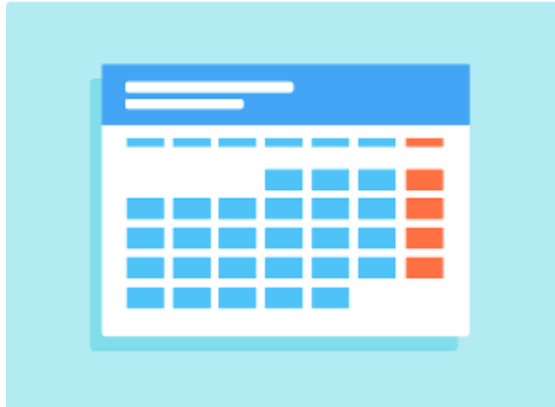
Careers at Specsavers

If you would like to find out more about careers in optometry, please have a look at [Starting a career as an Optician with Specsavers](#).

Apprenticeships to consider

[Forensic collision investigator apprenticeship](#)

[Apprenticeships to consider if your favourite subject is Science](#)



Events

Oxford Brookes Subject Tasters

- [Exploring the breadth of the Biosciences: Wednesday 4th May](#)
- [Psychology in Action: Wednesday 4th May](#)
- [Architecture and the Built Environment: Thursday 5th May](#)
- For those interested in Criminology, Law, English Literature, History and Education Studies. [Power and Privilege - exploring social justice: Monday 9th May](#)
- [Lifecycle Nutrition Taster Day: Wednesday 11th May](#)
- For those interested in Law, Liberal Arts, Philosophy, Sociology, Communication Media and Culture. [Humanising the Future: Friday 13th May](#)
- [Film, Music and Media: Monday 13th June](#)

Interactive university online events

Channel Talent offers a large range of online university taster sessions on different subjects. Please register your interest [here](#) to find out about upcoming events of interest to you.

Nailing Your Interviews

This hour-long Pathway session on 21st May 10 to 11am will walk you through all things interviews. You can sign up [here](#).

Contact Us

Please feel free to email any suggestions for future bulletins to: katebretherton@newlandsgirls.co.uk

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