FRIDAY NEWS!

Newlands Girls' School, Farm Road, Maidenhead, Berkshire, SL6 5JB



Friday 9th October 2020 Term 1 - No. 6

Headteacher's Message

This week saw our first ever Virtual Open Evening events. The eight sessions took place during the course of Tuesday and Wednesday evenings and were a great success. Thank you to everyone who contributed to our film, a copy of which will soon be made available on our website.

English – National Poetry Day!



National Poetry Day, which took place on the 1st October, is a Forward Arts Foundation initiative, to encourage everyone in their enjoyment and discovery of poetry. The English Department recently ran a poetry competition to celebrate this

day. The theme of the poems was *Community*. As usual, we were extremely impressed by the high volume of entries and the hard work and talent shown by our students. All the winning entries will be published in the next issue of the Library Newsletter – *Beyond the Books*.

Congratulations to the following girls:

First Place

Neve Bushell (7F)

Highly Commended

- Zahrah Choudary (7F)
- Neve Emmitt (7F)
- Ria Jangra (7B)
- Rosie Larkin (7B)
- Isabella Orsatti (7B)
- Ruby Pettifer (7B)



https://nationalpoetryday.co.uk/

Careers News

Apprenticeships - Did you Know...?

Post-16 apprenticeships at intermediate level are equivalent to five GCSE passes, and an advanced apprenticeship is equivalent to two A-Levels.

Post-18 higher apprenticeships can contribute towards a foundation degree. Embarking on a degree apprenticeship will give you a Bachelor or Masters' qualification.

Apprenticeships provide practical training and the opportunity to 'earn whilst you learn'. 80% of the apprenticeship is spent working within the company and 20% is spent at college or university, depending on the level you have chosen. Employers normally decide on the education provider they wish to be affiliated with, and applications are made to the companies directly.



Apprenticeships are available for an ever-increasing range of professions. Please email our Careers Lead, Mrs Jandrell, for an appointment to find out more. nataliajandrell@newlandsgirls.co.uk

Mrs N Jandrell Careers Leader

Student Focus Centre - Mental Health Awareness Day



World Mental Health Day is on 10th October. This year's theme is "Mental Health for All". One in four people will experience mental health issues in the UK. Coupled with the global pandemic we are currently experiencing, it is highly likely these numbers are rising.

It is really important that we strip away the stigma that surrounds mental health, so that people are not afraid to seek support. In

school, the Student Focus Centre champions emotional wellbeing and is available for all our pupils. If you would like an appointment with either Mrs Taylor or Mrs Goodge, then please email WellBeing@NewlandsGirlsSchool.co.uk or alternatively, you can ask your Head of Year to refer you. Do not suffer in silence!

Maths Stars of the Week



The Stars of the week for Maths are as follows:

KS3

Natalia Romero (9A) - for working hard

KS4

Bella Duff (11A) - for working hard

Maths riddle: If there are 5 apples in the bowl and you take away 3 apples, how many do you have?

(Answer in next week's Friday News)

Answer to the riddle from last week: how many balls of string does it take to go from the earth to the moon? One ball of string if it is long enough!

Parent Support

Youngminds

Young Minds is a charity dedicated to helping improve children's mental health. It includes hints, tips, advice and online workshops. Subjects are broken down into easily manageable chunks with step-by-step advice. It includes information on topics such as body image, anger, grief, loss and exam stress.

Parents/Carers

Phone: Parents' helpline 0808 802 5544 (Monday to Friday, 9.30am to 4pm.)

Email: Contact form available on their website.

Pupils

Text: If you need urgent help text YM to 85258 for free, 24/7 support if you are experiencing a mental health crisis. (Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus.)

www.youngminds.org.uk

Parental Advice

Internet Safety

Keeping children safe online will always be an important issue for both parents and teachers. At Newlands, we have a strict 'no devices' policy, but recognise if remote learning becomes necessary, technology will be vital and thus needs to be used sensibly. We urge parents to monitor access to the internet, social media and online gaming. Further help and advice can be found here:

https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/

There is a wealth of useful support material, helpful hints and practical guidance, which will assist you in keeping your child safe online. In addition, in the Pastoral section of the school website, there is an E-Safety page which you may find useful:

https://www.newlandsgirlsschool.co.uk/page/?title=Personal+Safety&pid=155

It has come to our attention that some pupils are using an online chat website called 'Omegle'. This allows young people to connect with strangers. We urgently advise parents to remove access to this.