

Acting Co-Headteachers' Message



Firstly, we would like to congratulate all our pupils on a fantastic return to school. A particular mention must go to our new Year 7 cohort who have settled in wonderfully. The excellent attitude, positive mindset and eagerness to learn has been a pleasure to witness. It is a joy to watch students experiencing lessons back in their dedicated rooms as well as seeing them enjoying the canteen and the outside spaces with a new sense of freedom!

The on-site lateral flow testing is now complete and we would like to thank Mr Piggott, along with our team of brilliant volunteers, who facilitated this process seamlessly. All pupils have been given kits, and we strongly recommend ongoing regular LFD testing at home to pick up asymptomatic cases and help keep the community safe. A reminder to your daughter about the importance of regular handwashing/sanitising would also be helpful. This is a message we are reiterating at school. We will alert parents by letter, if there are positive cases of COVID-19 confirmed within year groups, following Public Health England guidelines.

Finally, we would like to wish you all a very relaxing weekend.

Miss J. Capon and Mr M. Henshaw
Acting Co-Headteachers

New Faces

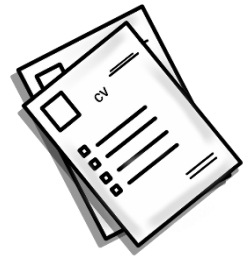
Last Thursday we welcomed 192 keen, and slightly nervous, Year 7 students to the Newlands Girls' School community. They met their Form Tutors and participated in different activities to get to know the school and each other, relishing the opportunity to explore! We are proud to say that they have taken on all challenges given to them with humour and maturity. The arrival of other year groups has not phased them and they are continuing to transition into secondary school life beautifully. We are very much looking forward to the rest of the academic year to celebrate more success.

Miss Gratton, Head of Year 7

Careers Presentation

In July, students in Years 10 and 12 had the fantastic opportunity to attend a virtual careers presentation, delivered by one of our governors, George Honiball. Mr Honiball gave students an insight into the different careers available within a multinational company, such as Microsoft. Students learned about the variety of departments within large organisations and gained an understanding of their aims and objectives. In addition to recognisable roles, Mr Honiball informed us about very exciting, lesser-known careers within the technology sector. We had a number of thoughtful questions from students and discovered more about their own experiences and ambitions in the workplace. The presentation was a great motivator for students to explore STEM careers further.

Prior to the presentation, Year 10 attended a CV writing session. After gaining an overview of what needs to be included in a successful CV, students were able to practise writing their own. These will provide a good foundation for pupils to build on, as their careers experience increases and will help them prepare for Sixth Form interviews next year.



Rugby National Champion!



One of our Year 10 students, Mia Wood, was recently selected to play in the West Region (West Wildcats) Under 15s Girls Touch Rugby team in their national competition. Having competed in Oxford during August, we are delighted to say that Mia is now a National Champion. Congratulations to Mia!

Thank you!



We would like to extend a huge thank you to all of our amazing staff and volunteers who have helped to ensure the LFD testing has run smoothly once again.

Our students behaved beautifully, arriving promptly and impressing our team with their courteous approach.

Student Focus Centre

A New Term: Boost Optimism and Develop a Positive Mindset

Dopamine is a powerful brain chemical that brings you feelings of satisfaction, reduces stress and increases motivation and alertness. As the new term brings with it new opportunities, dopamine can help you improve your attitude and sustain that optimism moving forwards.

Top tips for boosting your dopamine levels and developing a positive mindset

1. Write an inventory of your strengths, skills and best traits.
2. Note down the goals you are working towards this year and any that you have achieved over the summer.
3. Acknowledge your progress towards your aims and celebrate doing something you enjoy.
4. Practice gratitude, kindness and thoughtful acts: you get a dopamine boost when giving and receiving!



Clubs

The school is looking forward to many fantastic clubs restarting and the Year 7s took part in a Clubs Fair this lunchtime to introduce them to some of the options available.



Details of all clubs will be available on the website early next week. School clubs include everything from badminton, dance, choir, bands, the Rainbow Alliance, creative writing and journalism, drama, arts and crafts, design and technology, science, maths and many more!





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TUESDAYS

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AND JOIN IN

CONTACT:

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jaime.newell@berkshirecricketfoundation.org

