

# Newlands Girls' School Extra-Curricular Activities

## Term 3, January 2026

### Monday

Club	Year	Time	Room
<b>Morning Clubs</b>			
Cheerleading	Years 7-8	8.00am	Gym
GCSE PE Revision	Year 11	8.00am	Training Room
A-Level Dance Choreography	A-Level Students	8.00am	Main Hall
<b>Lunchtime Clubs</b>			
Library Film Club	All	12.30 - 1.00pm	Library QSA
Senior Steel Pans	Years 9-10	12.30 - 1.05pm	Mu1
Music Theory	Year 10	12.30 - 1.05pm	Mu2
Competition Gym	Selected Students	12.30 - 1.05pm	Gym
Badminton	All years	12.30 - 1.05pm	Sports Hall
Senior Evolve	Selected Students	12.30 - 1.05pm	DS2

### After School Clubs

Engineering Club	All years	3.10 - 4.20pm	Lab 20
Gym Squad	Selected Students	3.10 - 4.30pm	Gym
Junior Performing Arts Choir	Years 7-9	3.10 - 4.15pm	Mu1
Senior Performing Arts Choir	Years 10-13	3.10 - 4.15pm	Mu2
Dance Development	All Years	3.10 - 4.30pm	Main Hall
6th Form Swimming	6th Form Students	3.10 - 4.30pm	Swimming Pool

### Tuesday

Club	Year	Time	Room
<b>Morning Clubs</b>			
<b>Lunchtime Clubs</b>			
Chess & Board Games Club	All years	12.30 - 1.00pm	Library QSA
Junior Steel Pans	Years 7 and 8	12.30 - 1.05pm	MU2
String Ensemble	Years 7-13	12.30 - 1.05pm	MU2
Art Club	Years 7 and 8	12.30 - 1.00pm	A1
Competition Gym	Selected Students	12.30 - 1.05pm	Gym
Challenge Gym	Selected Students	12.30 - 1.05pm	Gym
Swimming	Year 7	12.30 - 1.05pm	Swimming Pool
Team Netball	Year 8	12.30 - 1.05pm	Netball Courts
Library Book Club	Years 7-8	12.40 - 1.05pm	Library
Makaton Club	All years	12.30 - 1.05pm	M3

### After School Clubs

Coding Club	KS3	3.10-4.00pm	CS1
Swing Band	Years 8-13	3.15 - 4.15pm	MU1
Acceletate Club (Dyslexia Support)	Years 7-11	3.10 - 4.00pm	The Pit Stop
Inter Dance	Years 9 - 10	3.10 - 4.30pm	Hall
Red Hat Swimming	All years	3.10 - 4.30pm	Swimming Pool
Hockey Squad	Selected Students	3.30 - 5.00pm	Altwood School Astro
Football	All years	3.30 - 5.00pm	Altwood School Astro
Junior Gym	Years 7 - 8	3.10 - 4.30pm	Gym

### Wednesday

Club	Year	Time	Room
<b>Morning Clubs</b>			
Gym Six	Selected Students	8.00am	Gym
Netball Squad	Selected Students	8.00am	Sports Hall
Conducting Club	Selected Students	8.00am	Mu2
<b>Lunchtime Clubs</b>			
Drama Club	Years 8 and 9	12.30 - 1.00pm	DS2
Junior Band	Years 7 - 9	12.30 - 1.05pm	MU2
Gym Development	All years	12.30 - 1.05pm	Gym

Swimming	All years	12.30 - 1.05pm	Swimming Pool
Team Netball	Year 7	12.30 - 1.05pm	Netball Courts
Rainbow Alliance	All years	12.30 - 1.05pm	SFC HUB
Creative Writing Club	All years	12.40 - 1.05pm	Library
Manga Club	All years	12.30 - 1.05pm	DT3
Rugby	All years	12.30 - 1.05pm	Field
Eco-Warriors Club (Week 2 only)	All years	12.30 - 1.05pm	P2
GCSE Spanish Club	GCSE Students	12.30 - 1.05pm	L1
<b>After School Clubs</b>			
Music Tech Club	Years 7-11	3.15 - 4.15pm	MU2
History revision Clinic	Year 11	3.10 - 3.40pm	19
GCSE and A-level Art and Photography	Years 10-13	3.10 - 4.00pm	A1, A2 and A3
Gym Squad	Selected Students	3.10 - 4.30pm	Gym
Netball	Years 8-11	3.10 - 4.30pm	Netball Courts
Netball League	Selected Students	3.10 - 5.30pm	Offsite
Concert Band	Years 7-13	3.10 - 4.10pm	Mu1
Junior Dance	Years 7-8	3.10 - 4.30pm	Hall
Swimming	All years	3.10 - 4.30pm	Swimming Pool
<b>Thursday</b>			
<b>Club</b>	<b>Year</b>	<b>Time</b>	<b>Room</b>
<b>Morning Clubs</b>			
Cheerleading	Years 11-13	8.00am	Gym
<b>Lunchtime Clubs</b>			
Senior Choir	Years 9-13	12.30 - 1.05pm	MU1
Junior Choir	Years 7-8	12.30 - 1.05pm	MU2
GCSE Swimming	Years 10-11	12.30 - 1.05pm	Swimming Pool
Junior Evolve	Selected Students	12.30 - 1.05pm	Gym
Team Netball	Years 9 - 11	12.30 - 1.05pm	Netball Courts
General Netball	All years	12.30 - 1.05pm	Netball Courts
<b>After School Clubs</b>			
Cooking Club There will be a £5 participation fee, and spaces are limited. Places will be allocated on a first come, first served basis once the information is emailed home.	Years 7-9	3.10 - 4.15pm	DT2
Madrigal Choir	Years 9-13	3.15 - 4.30pm	MU1
Jazz Group	Years 10-13	3.15 - 4.15pm	MU2
GCSE Catch up	Year 11	3.15 - 4.15pm	B-Block
Accelerate Club (Dyslexia Support)	Years 7-11	3.10 - 4.00pm	The Pit Stop
Dance Company	Selected Students	3.10 - 5.00pm	Hall
Swim Squad	Selected Students	3.10 - 4.30pm	Swimming Pool
Senior Gym	Years 9 - 13	3.10 - 4.30pm	Gym
GCSE Spanish Revision club	Year 11	3.10 - 4.10pm	L3
Greenpower Club	Selected Students	3.15 - 4.00pm	CS2
GCSE French Revision club	Year 11	3.10 - 4.10pm	L2
<b>Friday</b>			
<b>Club</b>	<b>Year</b>	<b>Time</b>	<b>Room</b>
<b>Morning Clubs</b>			
Cheerleading	Years 9-10	8.00am	Gym
<b>Lunchtime Clubs</b>			
Djembe Ensemble	Years 7-11	12.30 - 1.05pm	Mu1
Guitar Group	Years 7-13	12.30 - 1.10pm	Mu2
Volleyball	All years	12.30 - 1.05pm	Sports Hall
Senior Dance	Selected Students	12.30 - 1.05pm	Main Hall
Drama Club	Year 7	12.30 - 1.05pm	DS2
French Film Club	All years	12.30 - 1.05pm	Library
<b>After School Clubs</b>			