

Newlands Girls' School Extra-Curricular Activities

Term 1, September 2025

Monday

Club	Year	Time	Room
Morning Clubs			
Cheerleading	Years 7-8	8.00am	Gym
Lunchtime Clubs			
Library Film Club	All	12.30 - 1.00pm	Library QSA
Senior Steel Pans	Years 9-10	12.30 - 1.05pm	Mu1
Music Theory	Year 10	12.30 - 1.05pm	Mu2
Competition Gym	Selected pupils	12.30 - 1.05pm	Gym
Badminton	Years 9-13	12.30 - 1.05pm	Sports Hall
Senior Evolve	Selected pupils	12.30 - 1.05pm	DS

After School Clubs

Gym Squad	Selected pupils	3.10 - 4.30pm	Gym
Netball Squad	Selected Pupils	3.10 - 4.30pm	Netball Courts
Junior Performing Arts Choir	Years 7-9	3.10 - 4.15pm	Mu1
Senior Performing Arts Choir	Years 10-13	3.10 - 4.15pm	Mu2

Tuesday

Club	Year	Time	Room
Morning Clubs			
Lunchtime Clubs			
Chess & Board Games Club	All	12.30 - 1.00pm	Library QSA
Junior Steel Pans	Years 7 and 8	12.30 - 1.05pm	MU2
String Ensemble	Years 7-13	12.30 - 1.05pm	MU2
Art Club	Years 7 and 8	12.30 - 1.00pm	A1
Competition Gym	Selected pupils	12.30 - 1.05pm	Gym
Challenge Gym	Selected pupils	12.30 - 1.05pm	Gym
Swimming	Year 7	12.30 - 1.05pm	Swimming Pool
Volleyball	All years	12.30 - 1.05pm	Sports Hall
Library Book Club	Years 7-8	12.40 - 1.05pm (from 16th September)	Library
After School Clubs			
Coding Club	KS3	3.10-4.00pm	CS1
Swing Band	Years 8-13	3.15 - 4.15pm	MU1
Accetate Club (Dyslexia Support)	Years 7-11	3.10 - 4.00pm	The Pit Stop
Netball	Year 7	3.10 - 4.30pm	Netball Courts
Red Hat Swimming	All years	3.10 - 4.30pm	Swimming Pool
Hockey - General & Squad	Years 7-11	3.10 - 5.00pm	Altwood School
Football	Years 9 - 13	3.10 - 4.30pm	Field

Wednesday

Club	Year	Time	Room
Morning Clubs			
Gym Six	Selected Pupils	8.00am	Gym
Lunchtime Clubs			
Drama Club	Years 8 and 9	12.30 - 1.00pm	DS2
Junior Band	Years 7 - 9	12.30 - 1.05pm	MU2
Gym Development	All years	12.30 - 1.05pm	Gym

Swimming	All years	12.30 - 1.05pm	Swimming Pool
Handball	All years	12.30 - 1.05pm	Sports Hall
Rainbow Alliance	All years	12.30 - 1.05pm	SFC HUB
Creative Writing Club	All years	12.40 - 1.05pm (From 17th September)	Library
Manga Club	All years	12.30 - 1.05pm	DT3
After School Clubs			
Music Tech Club	Years 7-11	3.15 - 4.15pm	MU2
History revision Clinic	Year 11	3.10 - 3.40pm	19
GCSE and A-level Art and Photography	Years 10-13	3.10 - 4.00pm	A1, A2 and A3
Gym Squad	Selected pupils	3.10 - 4.30pm	Gym
Netball	Years 8-11	3.10 - 4.30pm	Netball Courts
Netball League	Selected pupils	3.10 - 5.30pm	Offsite
Concert Band	Years 7-13	3.10 - 4.10pm	Mu1
Thursday			
Club	Year	Time	Room
Morning Clubs			
Cheerleading	Years 11-13	8.00am	Gym
Lunchtime Clubs			
Senior Choir	Years 9-13	12.30 - 1.05pm	MU1
Junior Choir	Years 7-8	12.30 - 1.05pm	MU2
GCSE Swimming	Years 10-11	12.30 - 1.05pm	Swimming Pool
Basketball	Years 7-8	12.30 - 1.05pm	Sports Hall
Junior Evolve	Selected pupils	12.30 - 1.05pm	Gym
After School Clubs			
Cooking Club There will be a £5 participation fee, and spaces are limited. Places will be allocated on a first come, first served basis once the information is emailed home.	Years 7-9	3.10 - 4.15pm	DT2
Madrigal Choir	Years 9-13	3.15 - 4.30pm	MU1
Jazz Group	Years 10-13	3.15 - 4.15pm	MU2
GCSE Catch up	Year 11	3.15 - 4.15pm	B-Block
Accelerate Club (Dyslexia Support)	Years 7-11	3.10 - 4.00pm	The Pit Stop
Dance Company	Selected Pupils	3.10 - 5.00pm	Hall
Swim Squad	Selected Pupils	3.10 - 4.30pm	Swimming Pool
Football	Years 7-8	3.10 - 4.30pm	Field
GCSE Trampolining	Years 10-11	3.10 - 4.30pm	Gym
GCSE Spanish revision club	Year 11	3.10 - 4.10pm	L3
Friday			
Club	Year	Time	Room
Morning Clubs			
Cheerleading	Years 9-10	8.00am	Gym
Lunchtime Clubs			
Djembe Ensemble	Years 7-11	12.30 - 1.05pm	Mu1
Guitar Group	Years 7-13	12.30 - 1.10pm	Mu2
Badminton	Years 7-8	12.30 - 1.05pm	Sports Hall
Dance Development	All years	12.30 - 1.05pm	Gym
General Netball	All years	12.30 - 1.05pm	Netball Courts
Drama Club	Year 7	12.30 - 1.05pm	DS2
After School Clubs			