

## Ideas for shaping a Careers discussion with your daughter

### Skills and interests

#### *Questions for students to ask parents*

1. What do you enjoy doing most at home, at work, with friends or family?
2. What do you think your talents are? What are you good at?

#### *Questions for parents to ask students*

1. What do you enjoy most in and out of school?
2. What do you feel you are good at in school? Do you know what kind of jobs are related to these subjects?
3. Which of your interests, skills and abilities do you think will help you most in your future career?

### Learning about Careers

#### *Questions for students to ask parents*

1. Do you think there are more/different career options available now than when you went to school?
2. Do you know anyone who has completed an apprenticeship/ went to university/ went straight into a job? What did they tell you about it?

#### *Questions for parents to ask students*

1. Who can help you at school with questions about Careers?
2. Do you hear from employers in school? Which ones did you like? What inspired you?
3. How much do you know about Further Education and employment options, including apprenticeships? Do you know where to find out more about these routes?

### Making choices

#### *Questions for both students and parents*

1. If money wasn't a factor what would be your dream job?
2. What are the top five things that you think are important when choosing a job or career?

#### *Questions for students to ask parents*

1. How did you choose the path you have taken?
2. What advice would you give me about making choices?

#### *Questions for parents to ask students*

1. What do you think of jobs that involve travel?
2. What sort of environment would you like to work in? An office / in a big team / independently / outside?
3. What would you like your future to include?
4. What challenges do you need to overcome to get to your preferred option?
5. What support do you need from me to help you research your options and make decisions?
6. What do you think my job entails? What do I do day to day? What do you think are the main tasks?